



Fairfax Athletics Co-Ed Adult Softball Rules of Play Cheat Sheet

Game Time:

- Single 75 minute game (or 7 innings of play whichever comes first). No new inning after 70 minutes, drop dead at 75 minutes or at the end of 7 innings of play within that time frame. If 7 innings have not been played at the end of 75 minutes the score will reflect the last total completed inning.
- 10 minute grace period is allowable for the 1st game of the night; comes off game time.
- 1 pitch softball will be used if game is tied and within time limit at the end of 7 innings.
- Tie ballgames after game time has elapsed will be recorded as ties. (excluding playoffs)

Team Lineup:

- 10 players in the field (4 female minimum). No more than 6 males in field at any time.
- 8 or 9 players are acceptable for play (5 or 6 men & 3 women) with a one (1) out assessment that should be placed in the batting lineup prior to the captain's roster exchange.
- 16 player maximum batting lineup (no more than 2 males can bat in a row).
- Everyone in the dugout can bat, regardless if they play in the field (up to the 16 max).
- Team Captain's are responsible for roster exchange prior to the start of the game.
- Legal team has the option to loan a player(s) to the opposing team to avoid a forfeit.
- Injured players: when a player is injured during game play you may replace them in the lineup (male for male, female for female) if you have extra players not already in the batting lineup, if this is not possible the team is assessed an out at the injured player's spot in the lineup. Opposing team may also loan a player if they so choose.

Game Play:

- ASA Pitching Requirements with the following exception:
 - Pitcher must deliver the ball with a sensible arc and reach a height of at least 6 feet from the ground, while not exceeding a maximum height of 12 feet from the ground.
- Batter begins each turn at bat with a 1-1 count. (1 ball & 1 strike)
- One courtesy foul ball is given to a batter who has two strikes against him or her. If the next pitch is fouled off that is your courtesy foul. If the following pitch is a foul, the batter is out.
- Base on balls or walks equal advancement to 1st base (same for males & females), EXCEPT with two outs, when a male player is walked and a female batter is on deck, he is awarded 2nd base and the female batter has the option to hit or accept a walk to 1st base prior to her first pitch. When a male is walked and a male batter is on deck he is only awarded 1st base.
- No base stealing shall take place at any time.
- A courtesy runner may be used each ½ inning. (males for males, females for females)
- No home run limit.
- Balls that are caught in nets or advance through fence are scored a ground rule double.
- 20 run slaughter rule after 4 innings.

Game Equipment:

- Bats only on the approved ASA bat list are acceptable.
- Balls are to be 12 inch, 44 max COR, 375.0 lbs max compression softballs.
- Each team must provide and hit its own approved softballs for play.
- No official team uniforms are required, but they are highly recommended.
- No metal cleats are acceptable at any time.



Sportsmanship, Park Regulations, Alcohol Consumption:

- Sportsmanship - Participants of FXA Softball (players, captains, and spectators) are expected to maintain a quality level of personal conduct and sportsmanship. The captain must attempt to control the conduct of his/her players during game play. The captain may be held responsible for, and therefore may be liable for, the conduct of his/her players during game play. FXA will not tolerate misconduct (verbal or physical acts) which is judged by the umpire to be detrimental to the game of softball. Any misconduct calls by the umpire could result in ejection from the game, the season or the league.
- Alcohol Consumption - Fairfax County Park Authority rules state that "Alcoholic beverages are not permitted on park grounds or in Park Authority buildings without a pre-approved permit in accordance with Virginia state law". This rule is always covered in the FXA Captain's meeting prior to season play. FXA does not promote the consumption of alcohol on park grounds and would prefer its teams follow County rules. So if you choose to consume alcohol at the fields(s) you are doing so at your own risk.
- FXA promotes itself as a social sports league and tries to ensure that all of our teams and players have an enjoyable experience during game play, so please keep it clean, keep it fun, play some ball and hit the bar for drinks after the game.

Forfeits, Inclement Weather & Make-Up Games:

- Forfeit if a team does not have the min. 8 players to start and/or finish a game.
- If rain ensues prior to or during your game it is up to the umpire to decide whether the conditions are playable. A rain delay of up to 15 minutes comes off game time.
- If the umpire calls the game after completing four (4) innings of game play it is a legal game and counts towards your regular season record. If four (4) innings have not been completed prior to the game being called it would not count and be made up at a later date.
- Fairfax County Park Authority Field Status Line (703.324.5264)
- If the games are not canceled by the FCPA prior to game time and rain ensues the umpire at the field or the FXA League Commissioner can call the game
- If a game is cancelled due to inclement weather, make-up games may be scheduled on another day than usual game days. Blast text messages/emails will be sent to the coaches when games are cancelled, it will be posted on the website, or you can call the FXA Hotline at (703) 382-9111 x20.

The following are the basic FXA Co-Ed Adult Softball Rules & Regulations. Outside of the rules stated above FXA follows the rules of the Amateur Softball Association (ASA)

A copy of the ASA Rule Book is available at www.softball.org